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**Hearts West**

**Armadale • Rockingham**

**Murdoch • Subiaco**

Phone 08 9391 1234 Fax 08 9391 1179  
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**You have been booked to have an  
AMBULATORY BLOOD PRESSURE MONITOR  
at Hearts West**

Your doctor has asked for an ambulatory blood pressure monitor. The test gives us important information about your blood pressure control.

NAME:

BP MONITOR ON :

TIME:

BP MONITOR OFF :

TIME:

An ambulatory blood pressure monitor monitors your blood pressure every 30 minutes during the day and every hour at night for a 24 hour period. A technician or cardiologist will place a blood pressure cuff to your upper arm and attach a monitor which is slightly smaller than a standard Walkman. The monitor will be attached by a belt around your waist. The leads can be hidden under your clothing. During the period of monitoring please do not take a shower, bath, or get the monitor wet since it is a sensitive electronic device.

To switch between the day and night mode you need to press the day/night equipment button. Be careful not to accidentally press the on/off switch.

At the end of the period of monitoring you will need to return to us to have the monitor removed where the information will be downloaded digitally and read by a consultant cardiologist. The monitors and interpretation software is the latest state-of-the-art.

If you have any questions regarding the test, or would like more information please call our office on 9391 1234.

**FEE PAYABLE ON DAY OF FITTING :**

**PRIVATE \$85.00  
PENSION \$45.00  
(NO MEDICARE REBATE)**